

**JOIN
NOW**

MACARTHUR MY LIFE HAPPENINGS

Support is funded through your NDIS plan.
Ask us about transport.

April 2024 - June 2024

SATURDAY SOCIALS

Saturdays 9:00am - 4:00pm

Saturday 20 April
Hangdog Rock Climbing Wollongong
\$27 entry fee + money for lunch and activities
RSVP by 1 April

Saturday 18 May
Burns Outdoor Obstacle Course
\$40 ticket cost + money for lunch
RSVP by 29 April

Saturday 15 June
NRL Football - West Tigers VS Gold Coast
Titans in Sydney
\$60 ticket cost + money for snacks
RSVP by 27 May

MY LIFE - ACTIVITIES

Wed 24 April - Wed 26 June
Drive Wise
10-week program, every Wednesday evening

Time: 4:30pm-6:30pm (excluding transport)
Transport: Transport options available. Meet at 3/48 Dunn Rd, Smeaton Grange
RSVP by 1 April

Thurs 2 May - Thurs 4 July
Hop IN 2 Hospo
10-week program, every Thursday evening

Time: 4:30pm-6:30pm (excluding transport)
Transport: Transport options available. Meet at 3/48 Dunn Rd, Smeaton Grange
RSVP by 1 April

BOOKINGS

To book and pay, contact Amelia Phelps on 0419 742 190 or email
bookings@flagstaffgroup.com.au

Name: _____

Division: _____

Phone: _____

Email: _____

SUPPER CLUB

Saturdays 6pm - 8pm

Saturday 13 April
The Taste Italian Grill
RSVP by 18 March

Saturday 4 May
Plough and Arrow Hotel
RSVP by 15 April

Saturday 1 June
Barkley's BBQ
RSVP by 13 April

HEALTH FITNESS & WELLBEING

Group and individual fitness sessions are available on a Wednesday upon request

Are you interested in keeping fit?
Would you like to book a session?

Contact Mohammad on 0427 178 472.

