



Registered NDIS Provider

ORDER DATE

NAME OF PERSON ORDERING

CUSTOMER NAME

D.O.B (OPTIONAL)

DELIVERY DATE REQ.

TELEPHONE

EMAIL

DELIVERY ADDRESS

OTHER INFO

NDIS PARTICIPANT NUMBER

PLAN MANAGER DETAILS

SELF MANAGED

PLAN MANAGED

AGENCY MANAGED

PLEASE REFER TO THE FLAGSTAFF FINE FOODS MEAL INFO KIT FOR FULL INGREDIENTS LIST AND NUTRITIONAL INFO ABOUT OUR MEALS.

S SOFT
 So LOW SODIUM
 La LACTOSE FREE
 ★ NEW
 LF LOW FAT
 G GLUTEN FREE
 V VEGETARIAN
 ↑ IMPROVED

BEEF 360G MAIN MEAL

		QTY
60018	Curried Sausages ★	
60005	Cottage Pie S LF G	
60006	Beef Stroganoff S LF G	
60010	Beef Lasagne S ↑	
60012	Honey Mustard Beef S LF G La	
60016	Steak & Kidney Pie S	
60115	Rissole & Onion Gravy LF	
60181	Sausages & Gravy G	
60270	Spaghetti Bolognese S	
60200	Beef Pie and Mash & Gravy S	

BEEF PREMIUM 360G MAIN MEAL

60003	Beef & Bacon Casserole S So G La	
60004	Corned Silverside & Parsley Sauce LF G	
60009	Roast Beef & Gravy So G La	

LAMB PREMIUM PLUS 360G MAIN MEAL

60022	Lamb Chop & Gravy So G La	
60021	Roast Lamb & Gravy So G La	
60025	Mongolian Lamb and Rice S LF La	
60027	Crumbed Lamb Patties & Gravy	

PORK 360G MAIN MEAL

60040	Pork in BBQ Sauce S LF La	
60042	Roast Pork & Gravy So G La	
60044	Ham & Cheese Omelette S G	
60046	Ham Steak & Pineapple Glazed So G	
60047	Pork, Apple & Cranberry C'role S LF So G La	
60192	Sweet and Sour Pork & Rice S LF La	

CHICKEN 360G MAIN MEAL

		QTY
60352	Apricot and Fig Chicken ★	
60053	Chicken Parmigiana	
60050	Honey Soy Chicken La	
60051	Roast Chicken & Gravy LF So G La	
60052	Curried Chicken S LF So	
60054	Chicken Strips & Lemon Sauce	
60055	Chicken & Asparagus Mornay S So	
60056	Chicken & Vegetable Pie S LF So	
60059	Butter Chicken & Rice S G	
60182	Chicken Schnitzel & Gravy La	
60351	Chicken Scallopini & Bacon S G	
60057	Thai Green Chicken Curry S LF G	

FISH 360G MAIN MEAL

60060	Crumbed Fish S LF La	
60061	Steamed Fish S LF G So	
60066	Fish Cake & Parsley Sauce S So	

FISH PREMIUM 360G MAIN MEAL

60063	Curried Prawns & Rice S LF G	
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VEAL PREMIUM 360G MAIN MEAL

60030	Vienna Schnitzel & Gravy La	
60033	Veal Parmigiana LF G	

VEGETARIAN 360G MAIN MEAL

60072	Vegan Mixed Bean Cass'role LF So G La V ★	
60070	Macaroni Cheese S V	
60232	Vegetable Cottage Pie S G V	
60236	Vegetable Pasta Bake S LF V	

MINI MEALS 200G			QTY
63353	Chicken and Mushroom Pie	★	
63352	Chicken Pesto Pasta	S	
63232	Vegetable Cottage Pie	S G V	
63003	Beef and Bacon Casserole	S So G La	
63004	Corned Silverside & Parsley Sauce	LF G	
63005	Cottage Pie	S LF G	
63009	Roast Beef & Gravy	So G La	
63016	Steak & Kidney Pie	S	
63021	Roast Lamb & Gravy	So G La	
63042	Roast Pork & Gravy	So G La	
63052	Curried Chicken & Rice	S LF So	
63055	Chicken & Asparagus Mornay	S So	
63056	Chicken & Vegetable Pie	S So	
63059	Chicken Wing in BBQ Sauce	G La	
63060	Crumbed Fish	S La	
63181	Sausages & Gravy	G	
63200	Meat Pie & Gravy	S ↑	
63270	Spaghetti Bolognese	S	
63006	Beef Stroganoff	S G	
63351	Chicken Scallopini & Bacon	S G	
63063	Curried Prawns & Rice	S LF G	
63070	Macaroni Cheese	S V	
63198	Spinach & Fetta Omelette	S G V	

PUREES 360G MAIN MEAL		
60056SS	Puree Chicken & Vegetable	S LF So
60233SS	Puree Savoury Beef & Vegetable	S LF G
60234SS	Puree Savoury Pork & Vegetable	S G
60047SS	Puree Pork, Apple & Cranberry	S LF So G
60055SS	Puree Chicken & Asparagus	S
60026SS	Puree Savoury Lamb & Vegetable	S LF G
60075SS	Puree Curry Vegetable	S LF G V

PUREES 200G MINI MEAL		
63233SS	Puree Savoury Beef and Veg	S LF So G ★
63056SS	Puree Chicken and Vegetable	S LF G ★

S SOFT So LOW SODIUM La LACTOSE FREE ★ NEW
 LF LOW FAT G GLUTEN FREE V VEGETARIAN ↑ IMPROVED

SOUPS 200G			QTY
60126	Chicken & Sweet Corn	S LF G	
60121	Pea & Ham	S LF	
60123	Beef & Vegetable	S LF G La	
60224	Chicken & Vegetable	S LF G La	
60120	Minestrone	S LF V	
60122	Pumpkin	S LF G V	
60225	Potato & Leek	S V	

DESSERTS		
60104	Chocolate Gateaux	S ★
60087	Wine Trifle & Cream	S So
60091	Peaches & Custard	LF So G
60100	Sticky Date & Caramel Sauce	S ↑
60103	Fruit Salad	S LF So G La
60106	Creamed Rice & Apricots	S So G
60116	Stewed Apple & Custard	S LF So G
60118	Blueberry Sponge Crumble & Custard	S
60130	Apple & Rhubarb Crumble & Custard	S So
60131	Carrot Cake	S ↑
60134	Chocolate Mousse	S LF So G
60143	Bread & Butter Pudding	S
60145	Baked Rice Pudding	S So G
60149	Mango Flavoured Mousse	S LF So G
60252	Banana Cake	S

DESSERTS PREMIUM		
60139	Vanilla Slice	★
60102	Baked Cheesecake	★
60086	Apple Pie & Cream	S So
60138	Apricot Pie & Cream	S So ↑
60092	Tropical Pavlova	S So
60261	Strawberry Swirl Cheesecake	S
60269	Tiramisu	S So
60089	Chocolate Lava Pudding	S

IT'S LIKE HAVING A RESTAURANT IN YOUR FREEZER

Please return completed order form to **254 Nolan Street Unanderra** or email to **finefoods@flagstaffgroup.com.au**
 You can also order over the phone on **4272 0270**

Orders must be placed at least 48 business hours prior to the requested delivery day.

*CONDITIONS APPLY



LOCAL HOME DELIVERY*

Flagstaff
FINE FOODS

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